



STAN SCHOENEWALD

*Personal Trainer
at Kensington Golf & Country Club
in Naples, Florida*



PERSONAL PROFILE & BIOGRAPHY

Stan was born and raised in Williamstown, NJ and moved to southwest Florida in 2007. His passion for health and fitness lead him to pursue his desire to certify as a Personal Trainer and Spin Instructor.

Stan is an avid runner who recently completed the Chicago Marathon. He intends to continue his training in anticipation to qualify for the Boston Marathon and participate in an Iron Man in the near future. When he is not training, he enjoys helping others with their fitness goals. His desire to better himself through continual education allows him to provide focused training to help people meet their goals.